



CAYENNE
Spa

CUSTOMISED DERMALOGICA SKIN TREATMENTS

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| Complimentary Skin Analysis | 15 min | Free |
| A trained therapist will provide insight into your skin's condition, which will allow for the prescription of a targeted homecare regime and ensure a healthy future for your skin. | | |
| Dermalogica Proskin 30 | 30 min | R315 |
| Giving your skin maximum impact in minimum time, we will use professional-grade products and advanced technology to radically boost your skin's health and appearance in just 30 minutes. A firm favourite for those who want visible results fast. | | |
| Dermalogica Proskin 60 | 60 min | R625 |
| A personalised, Dermalogica treatment that takes you on the ultimate journey to your healthiest looking skin. This bespoke treatment guarantees optimal results and is the perfect choice for those who want to address all skin concerns and achieve healthy glowing skin. | | |
| Expert Active Treatments | 45 min | R755 |
| An intensive resurfacing treatment with dramatic results. This super-charged treatment features Dermalogica's signature BioSurface Peel, boosted with the latest technology to deliver smooth, polished skin. Address the signs of acne, aging and hyperpigmentation with this professional chemical peel - without the downtime. | | |

MASSAGES

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| Aromatherapy Massage | | |
| Combining the relaxing effects of touch and aromatherapy, this massage will help you relax with a combination of natural oils. | | |
| Back Massage | 45 min | R520 |
| Full Body Massage | 60 min | R750 |
| Deep Tissue Massage | 60 min | R800 |
| Hot Stone Massage | 75 min | R850 |
| Smooth, heated stones are used to massage and ease tense muscles and damaged soft tissue. | | |
| Pregnancy Massage | 60 min | R700 |
| Reduce stress, promote overall wellness and help relieve some of the normal discomforts associated with pregnancy, including backache, leg cramps and swelling. | | |
| Reflexology | 60 min | R650 |
| Focusing on the pressure points on your feet to provide a sense of healing and balance. | | |
| Add a massage to any treatment | 20 min | R100 |
| Hand Foot Scalp Face Neck & Shoulder | | |

SIGNATURE AFRICOLOGY TREATMENTS

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| Africology Intonga Stick Massage Combining skilled hand techniques with the use of differently sized wooden sticks, tight muscles are stretched and toxins eliminated from the body. | 75 min | R800 |
| Africology Body Exfoliation Improve blood circulation and remove dead skin cells with a combination of African Marula oil, walnut micro particles, African sweet potato and hydrating shea butter. | 45 min | R550 |
| The Cayenne Experience Focusing on intense rejuvenation for your face and back, destress with a bespoke facial, followed by a back cleanse and foot treatment. | 90 min | R920 |
| Back Exfoliation and Massage Remove dead skin cells with a thorough back exfoliation, before treating muscles to a relaxing back massage. | 45 min | R580 |
| Africology Inkomfmi Renewal Massage Expect smooth, nourished skin from top to toe with a full body exfoliation, followed by a relaxing full body massage. | 90 min | R980 |
| Africology Body Wrap A full body exfoliation followed by your choice of body wrap: immune boosting, slimming detox, rooibos and lavender, coffee and mint or African potato. | 60 min | R720 |
| Body Renewal Experience A full body exfoliation, full body massage and a choice of body wrap: immune boosting, slimming detox, rooibos and lavender, coffee and mint or African potato. | 90 min | R1250 |
| Africology Balancing Scalp and Leg Massage A balancing treatment, focused around a scalp and foot massage. | 45 min | R500 |
| Africology Shea Aromatherapeutic Massage A hydrating, soothing and conditioning massage recommended for dry and dehydrated skin, or those suffering from eczema or sunburn. | 75min | R790 |

FOR COUPLES

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| Aromatherapy Massage | 60 min | R1380 |
| Body Renewal Experience Full body exfoliation and full body massage | 90 min | R1900 |
| Hot Stone Massage | 75 min | R1600 |

HANDS & FEET

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| Express Manicure | 30 min | R230 |
| Nail shaping and polish application on hands. | | |
| Express Pedicure | 30 min | R250 |
| Nail shaping and polish application on feet. | | |
| Deluxe Manicure | 60 min | R360 |
| A full manicure experience, including a nourishing mask for hands and arms with a massage. | | |
| Deluxe Pedicure | 60 min | R390 |
| A full pedicure experience, including a nourishing mask for feet and legs with a massage. | | |
| MediHeel Pedicure | 60 min | R420 |
| A pedicure with an AHA foot peel. | | |
| Gelish Paint Only | 45 min | R240 |
| Quick nail shaping and cuticle care, followed by Gelish application on hands or feet. | | |
| Gelish Manicure | 60 min | R350 |
| A Deluxe manicure including Gelish application. | | |
| Gelish Pedicure | 60 min | R380 |
| A Deluxe pedicure including Gelish application. | | |
| Gelish Soak Off | 45 min | R150 |
| Gentle removal of Gelish from nails, followed by a nourishing hand cream. | | |

WAXING

| | Leg: | Arm: |
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| Half | R200 | R120 |
| Full | R250 | R180 |
| Underarm | | R170 |
| Bikini | | R200 |
| Eyebrow | | R120 |
| Lip | | R120 |
| Chin | | R120 |

GROOMING

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| Brow Tint | R90 |
| Lash Tint | R90 |
| Brow Wax and Tint | R160 |

CUSTOMISED TREATMENTS FOR MEN

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| Stomach, back or chest wax | 45 min | R380 |
| Eyebrow grooming | 30 min | R130 |
| Deep-cleansing skin treatment | 50 min | R780 |
| Time For Men | 150 min | R1200 |
| Start by relaxing tight muscles in our sauna, before releasing any further tension with a full body sports massage. This treatment ends with an energising skin treatment, including a pressure point scalp massage. | | |
| Create Your Own Package | 120 min | R1450 |
| Choose any 3 of the below to create a customised treatment to suite your needs: | | |

45 min destress back massage | Customised and brightening skin treatment | Pressure point scalp massage | Foot reflexology
Deluxe pedicure including hot stone massage | Deluxe manicure including hot stones

YOUTH

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| Heavenly Massage | 25 min | R310 |
| Massage away any school stress with this relaxing aromatherapy back massage. | | |
| Mother & Daughter Paradise Massage | 25 min | R620 |
| Spend some quality time with mom, as you are pampered together with this relaxing, side-by-side massage. | 50 min | R1100 |
| Father & Son Chill Out Massage | 25 min | R620 |
| Grab dad and chill out together with this invigorating massage. | 50 min | R1100 |
| Surfer's Scrub | 25 min | R225 |
| An invigorating exfoliation treatment for your body, filled with vitamins and minerals. A refreshing end to a day of catching the waves. | | |

FOR YOUR FACE

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| Fabulous Facial | 50 min | R480 |
| Paired with the power of touch, this facial is deep-cleansing and purifying, leaving your skin perfectly moisturised and nourished. | | |
| Acne Defence | 50 min | R480 |
| Struggling with spots? We'll take care of them with this revolutionary, deep pore cleansing facial. | | |

Spa Treatment Hours

April - September

Monday - Sunday: 9am - 7pm
including public holidays

October - March

Monday - Sunday: 9am - 9pm
including public holidays

Our Products

We are proud to stock the full range of Dermalogica and Africology products at our spa, for use in treatments and for retail purchase. Both brands are cruelty-free and support our ethos of holistic wellness and beauty.

Spa Facilities

Cayenne Spa features one double and three single treatment rooms, a sauna, outdoor pool and gym.

Cancellation Policy

Should the duration of a treatment exceed two hours, prepayment will be required. We will refund 100% of the cost if cancellation is made more than 24 hours before your scheduled treatment. Spa appointments cancelled less than 24 hours prior to your scheduled treatment will result in 100% of your fee being forfeited.

Reservations

Advanced booking is strongly recommended to secure your preferred date and time of treatment. Bookings can be made through Cayenne Spa reception, via email or telephonically.

Arrival

Please arrive at least 15 minutes before your scheduled treatment to change and complete a consultation form. We recommend arriving 30 minutes earlier to relax and enjoy our sauna or outdoor pool. Please note that late arrivals will have their treatment times reduced accordingly.

Spa Vouchers

The perfect gift for any occasion, gift vouchers are available for purchase at Cayenne Spa reception.

PEPPERCLUB HOTEL

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spamanager@pepperclub.co.za

*Prices and cancellation terms are subject to change without prior notice.
Please confirm when booking.

