

# TREATMENTS

## HANDS & FEET

**Express Manicure** 30 min R 200

**Express Pedicure** 30 min R 220

No foot filing, no cuticle work

**African Potato Manicure** 60 min R 260

Includes nourishing african potato hand and arm masque and massage

**Copper and Heated Stone Pedicure** 60 min R 300

Includes nourishing foot and leg masque and massage with heated stones

**Medi Heel Pedicure** 60 min R 350

AHA Peel for the feet and pedicure

**Gelish Paint** 30 min R 220

Toes or nails

**Gelish Manicure** 60 min R 300

**Gelish Pedicure** 60 min R 350

**Gelish Soak Off** R 100

**File and Paint** 15-20 min R 100

Colour or french

## KIDS SPA

(7 - 12 years)

**Twinkle toes Pedicure** 30 min R 120

**Princess Manicure** 30 min R 100

# SPA ETIQUETTE

## Spa Treatment Hours:

Monday to Sunday:  
9am - 9pm

## Spa Facilities:

Cayenne Spa features  
3 single and 1 couples  
treatment room, sauna,  
outdoor pool and a gym.

## Cancellation Policy:

Should the duration of a  
treatment exceed 2 hours,  
prepayment will be required.  
We will refund 100% of the  
treatment if cancellation is  
done within 24 hours.

**No refund will be given if  
cancellation is done in less  
than 24 hours.**

## Reservations:

Booking in advance is  
strongly recommended.  
Bookings are made through  
Cayenne Spa reception.

## Arrival:

Arrive 15 minutes prior to  
your scheduled treatment to  
change and complete a  
consultation form and  
30 minutes earlier to use the  
sauna or outdoor pool facility.

## Contraindications:

Please alert therapist if you  
have any of the following  
contraindications

- Injury to muscles
- Recent Surgery
- Pregnancy
- Diabetes / Epilepsy
- Allergy to nuts /  
product allergies
- High / low blood pressure /  
heart condition

## Spa Vouchers:

Always the perfect gift.  
Available at Cayenne Spa  
reception.

**Management and staff are not  
liable for the loss/ damage of  
personal property.**

## PEPPERCLUB LUXURY HOTEL & SPA

Corner Loop and Pepper Street . Cape Town . 8001  
www.pepperclub.co.za . 021 812 8812 . [spamanager@pepperclub.co.za](mailto:spamanager@pepperclub.co.za)

\*Prices are subject to change without prior notice.



# CAYENNE SPA

SOOTHE YOUR SENSES

• TREATMENT MENU •

# TREATMENTS

## FACIALS

**Skin Analysis** (Complimentary) 10-15 min

## AFRICOLOGY

**African Goddess** 90 min R 850

Intense rejuvenation, de-stress, re-balance and hydrate your face and back with pure natural oils and botanical wonders.

Includes: Bespoke facial, back cleanse and foot rejuvenation

**Bespoke Facial treatments** 60 min R650

Tailored to your skins needs...includes: cleanse, exfoliate, masque, massage, tone and moisturise

Option of: hand / foot / scalp massage

Serums are the key elements:

Anti-Oxidant, balancing, vitamin boost, aloe ferox, hydrating, rose, renewal

## DERMALOGICA

**Mini Cleanse Facial** 30 min R 350

Cleanse, exfoliate, masque, tone and moisturise

**Classic Facial** 60 min R 500

**Ultra Calming Facial** - Sensitive skin 60 min R 580

**ChromaWhite Facial** - Skin pigmentation 60 min R 690

**Medibac Clearing Facial** - Adult acne 60 min R 690

**AGE Smart Facial** 75 min R 690

Mature skin, fine lines and wrinkles



# CAYENNE SPA

S O O T H E Y O U R S E N S E S

## MASSAGE

### AFRICOLOGY

**Majestic Awakening** 30 min R 300

Scalp, neck and shoulder massage

**Balancing Scalp and Foot Ritual** 45 min R 300

### Intuitive Herbal Oil Massage

A combination of natural oil blends are used

Back massage 30 min R 300

Full body massage 60 min R 550

**Shea Aromatherapeutic Massage** 75min R 650

Nourishing, hydrating and soothing massage recommended for dry, dehydrated, eczema and sun burned skin

**Heated Stone Massage** 45 min R 480

75 min R 650

**Intonga Stick Massage** 45 min R 350

75 min R 650

### Soul of Africa Body Conditioning Massage

Back exfoliation and massage 45 min R 500

Body exfoliation and full body massage 90 min R 800

**Pregnancy Massage** 60 min R 550

**Reflexology** 60 min R450

Only on the feet

### Add on to any treatment:

Hand / Foot / Scalp / Face / Neck & Shoulder Massage 15 min R 100

## BODY RITUALS

**Inkomfi Body Exfoliation** 45 min R 450

**Wellness Wrap** 45 min R 650

Full body exfoliation

A choice between an immune boosting, slimming detox, rooibos and lavender, coffee and mint or African potato wrap

**Body Wrap** 120 min R 850

Full body exfoliation and a full body massage

A choice between an immune boosting, slimming detox, rooibos and lavender, coffee and mint or African potato wrap

## COUPLES

**Intuitive Herbal Oil Massage** 75 min R 1100

**Soul of Africa Body Conditioning Massage** 90 min R 1500

Full body exfoliation and full body massage

**Heated Stone Massage** 75 min R 1300

## GROOMING

**Leg: Half** R 180

Three quarter R 200

Full R 220

**Bikini** R 150

**G-string** R 180

**Brazilian** R 180

**Hollywood** R 240

**Underarm** R 120

**Arm: Half** R 100

Full R 120

**Eyebrow / lip / Chin (Per area)** R 80

**Brow Tint** R 80

**Lash Tint** R 80

**Brow wax and Tint** R 120

S O O T H E Y O U R S E N S E S